



15 March 2019

## Prayer

### Lenten Prayer for Transformation

Loving Father,  
My precious and crucified Lord, I offer You this Lent.  
I invite you into my life today  
and make myself available to you.  
Help me to become the-best-version-of-myself  
by seeking your will and becoming a living example  
of your love.

Open my heart to the areas of my life that need to  
change  
in order for me to carry out the mission  
and experience the joy you have for my life.  
Inspire me to live the Catholic faith  
May I offer You my very life as a sacrifice,  
trusting in Your mercy with every offering.  
Keep me faithful to my Lenten promises,  
and bring forth new life through these sacrifices of love.  
Give me courage when I am afraid,  
hope when I am discouraged,  
and clarity in times of decision.  
May this Lent be a time through which Your mercy is  
poured in abundance into my soul

Amen.

## Principal

### Catholic Education Week



Staff, students and friends of our CRC Caroline Springs Community, in the week beginning Sunday 10 March, all Catholic Schools in Victoria will be celebrating Catholic Education Week. Catholic Education Week is an opportunity for all Catholic schools in the Archdiocese of Melbourne to celebrate their Catholic identity, the pivotal role they play within their local community and the strength of the sector.

The theme this year is 'Growing Young in Christ'. Our Mission and Faith Leader Mr Paul Sammut and a group of our students will take part in the celebration held in the city on Friday 15 March, which will include Mass at St Patrick's Cathedral. At CRC Caroline Springs, we take seriously our primary purpose of nurturing our students' faith. Christian teaching is central to our work and the challenge for us is to continually ensure it is included in all we do.

### St Patrick's Day

Sunday 17 March is St Patrick's Day. It is a global celebration of Irish culture and remembers St Patrick, one of Ireland's patron saints, who ministered Christianity in Ireland during the fifth century.

St Patrick is known and admired all over the world as the young slave who became an unlikely hero, the shy boy transformed into a courageous missionary. Patrick came to an alien land that soon became his adopted home, and a foreign people became his friends. He was no brilliant scholar but a man of deep faith tried and tested in the fires of slavery and exile. At first a reluctant preacher until filled with the strength of the Trinity he overcame his fears and limitations to establish one of the strongest Churches in the Christian world.

Patrick was a towering figure. He had a strong biblical faith centred on the Trinity. He was deeply familiar with the Word of

God and pondered it day and night. He lived in intimate union with Christ who was always before, behind, above, within him. Every step he took was in the company of Jesus; every word he spoke was inspired by Jesus; every breath was full of the spirit of Jesus.

The faith of Patrick worked its way into every fibre of life. The true Irish faith of which we can be so proud made our forebears a people of saints and mystics, of poets and scholars. St Patrick was a great saint. May he be our guide and inspiration.

In this prayer he asks for God's help in various ways:

May the Strength of God pilot us.  
May the Power of God preserve us.  
May the Wisdom of God instruct us.  
May the Hand of God protect us.  
May the Way of God direct us.  
May the Shield of God defend us.  
May the Host of God guard us  
Against the snares of the evil ones;  
Against temptations of the world.

May Christ be with us!  
May Christ be before us!  
May Christ be in us,  
Christ be over all!  
May Thy Salvation, Lord,  
Always be ours,  
This day, O Lord, and evermore. Amen.



## CRC Caroline Springs Parents & Friends Association

This year we are looking to further develop our Parents & Friends Association as we see this as a very important support group for our College. Meetings are open to and attended by interested parents/carers, friends of the College, teachers and administrative staff as well as our Principal, Mr Jamie Madigan or one of the Deputy Principals.

Everyone is welcome to come and meet other parents/carers, to learn more about our wonderful College as well as participate and share in general discussion often relating to significant issues about school events.

Our meetings will be held twice a term and all are most welcome to attend. Our first meeting was held on Wednesday 13 March at 7:00pm in the College library. The meeting dates for the remainder of the year are:

Wednesday 1 May 7pm  
Wednesday 5 June 7pm  
Wednesday 24 July 7pm  
Wednesday 28 August 7pm  
Wednesday 16 October 7pm  
Wednesday 20 November 7pm

Parents are still warmly invited to join and attend these meetings. Please e-mail your interest at [principal@crccs.catholic.edu.au](mailto:principal@crccs.catholic.edu.au)

## Community Conversation Evening

On Wednesday 15 May at 7pm Catholic Regional College Caroline Springs will be holding a 'Community Conversation' evening.

The evening is specifically designed to strengthen school capacity for establishing and maintaining family-school partnerships to support improved student learning and wellbeing outcomes in our College.

## What Are Community Conversations?

A conversation between people is the starting point for improved understanding. Within the community of a school, such conversations occur between all members of that community, about any areas of common interest: the family, the child, learning and growing; the ways in which the College operates; the community, its priorities and hopes.

Community Conversations provide a process that extends and develops those informal moments, and builds and changes relationships within the community. The process involves having intentional and inclusive conversations between members of the community, in which participants listen to each other, in order to understand and explore what is important to and valued by that community.

## Facilitated Process

The process for holding a Community Conversation is formal and will be facilitated by the Principal and Deputy Principal Wellbeing. It aims to develop and build respectful relationships within the school community through interactions in which listening is as important as talking.

## Key Characteristics

Community Conversations have five key characteristics:

- members of the community are invited to sit down together and talk
- the occasion provides a safe place to share views
- the occasion of coming together and talking is enjoyable
- participants share what is valuable and positive about the community
- the talk is facilitated to explore viewpoints and ideas.

Community Conversations place community members, family members, students and staff as equal contributors to the dialogue.

All parents are warmly invited to attend the 'Community Conversation' evening on **Wednesday 15 May at 7pm.**

Please RSVP to [principal@crccs.catholic.edu.au](mailto:principal@crccs.catholic.edu.au) or ring Melissa Kennedy on 9217 8000

**Jamie Madigan**  
**Principal**

## Deputy Principal Wellbeing

### College Tours dates

Recently our process for booking College tours has been updated. We have moved to an online system.

## College Website

<http://www.crccs.catholic.edu.au/enrolment-information/87/p/college-tours-/>

## College tour booking link for the following dates;

### Wednesday 3 April -

<https://crccarolines.schoolzineplus.com/event/booking/choose-tickets/593>

We look forward to seeing you and your child at the next tour.

For further information please contact Ms Danielle Galea on 9217 8000

## Mission and Faith Leader

### Lent

Lent is a great opportunity to take some time to reflect on ourselves and our relationship with God through prayer, fasting and almsgiving. Wherever we are on our faith journey, Lent is a time to rediscover ourselves in healing wounds and growing in our relationship with God. It is always a challenge to stay focused through the Lenten journey. However, there are some great resources to assist us to stay 'on course' in growing closer to God. These resources are a great way to begin a conversation with our children and give them the opportunity to understand the true meaning of the season.

### Lenten Journey Resources

#### Xt3 Lenten App

Great phone app. Contains daily prayer, scripture, reflection and acts.

<http://www.xt3.com/lent/>

#### Lenten Reflections - Bishop Robert Barron

Daily Gospel reflections from a great biblical scholar

<http://www.lentreflections.com/>

#### Dynamic Catholic – Best Lent Ever

An email program that will guide you during the 40 days of Lent

<https://dynamiccatholic.com/bestlentever>

#### Living Lent Daily

A daily e-mail series designed to help you grow in friendship with God

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/living-lent-daily>

## Year 7 Reflection Day

### Year 7 Faith Reflection

On Wednesday the 6 March we participated in a Faith Reflection day. It was a fantastic opportunity for the Year 7 cohort to explore our faith in more depth through our four College Pillars: Prayer, Stewardship, Compassion and Learning. These pillars were simply words to us but during the reflection day we were able to explore them further and as a result these 'words' can now be turned into actions.

Through guest speakers, workshops and interactive activities the Year 7s were able to challenge themselves by investigating ways their actions can display and reflect our College pillars.

Justine Combo spoke to us about our Pillar of **Learning** and she challenged the Year 7 students by asking questions such as, who is God? How can I get to know God better? Justine provided different ways of how we can draw ourselves closer to God, including going to Church as often as possible, having trust and faith in God and communicating with God through prayer. Justine shared her faith journey and experiences with God which was quite moving for everybody.

Sr Melanie talked to us about **Compassion**, Compassion is all about putting yourself into the shoes of another person as well as providing care and love because you have really felt the pain and burden of another person. The Year 7s were asked when was there a time in their life when they had felt compassion and they were asked to describe what those experiences were like. Sr Melanie shared a story that moved everyone's heart in the room.

Next was the LIHM sisters who talked about **Prayer** and how Prayer is such a wonderful way to connect with God and to build our relationship with God. The LIHM sisters explained that Prayer is like a communication source with God. It is a way of building up and growing our faith. The Year 7s were asked to answer; how much do we love God? And how much does God loves us? The LIHM sister's workshop was engaging and full of wonderful learning.

Josh Angrisano was the last workshop of the day and he spoke about **Stewardship**. Josh is a rapper and he shared a few of his raps. As I am sure you could imagine the students went wild! Josh said that Hip Hop was his passion and that was his calling from God. He posed questions like the following: What is God calling me to do? What are my talents that I can share with my community? If there was something that I could change in the world what would it be? Josh shared his journey of faith and talked about his experiences with God. Josh was wonderful and the students thoroughly enjoyed him.

Throughout the day the students also had the opportunity to participate in physical activities and obstacle courses in the hall. Throughout every workshop the students were asked to collect a card that said how they can demonstrate the College Pillars in their life. The students were instructed to keep the cards until the conclusion of the day and during the concluding liturgy we had the opportunity to place the card on a pillar as a sign of our commitment. The students all had a fantastic day and they thoroughly enjoyed themselves. This opportunity was fantastic in growing deeper in knowledge and appreciation of our College Pillars.

### **Ivanka P, Year 7 Coranderrk.**

## Friday Mass – St Catherine of Siena Parish Church at 8:00am

Students, parents and their families are invited to attend 8:00am morning mass every Friday, at St Catherine of Siena Parish, Caroline Springs. The Eucharist allows us the opportunity to receive so many graces from God. Strength, forgiveness and hope are some of these graces we receive. However, the most important is growing in a deeper love for

Christ from receiving him in the Eucharist. It is a wonderful opportunity to devote some time to silence and prayer and move our focus away from ourselves and on things we may need to work on to become more Christ-like. I highly encourage you to attend.



**BEGIN THE DAY WITH  
CHRIST**

**8am every  
Friday of School Term**

**St Catherine of Siena Parish  
Caroline Springs**

**FAMILIES, STUDENTS, STAFF &  
PARISHIONERS ARE ALL WELCOME**

*Friday 8am Mass – St Catherine of Siena Parish Church*

## Rise Melbourne 2019

A host of youth groups, schools and communities around Melbourne are participating in a one-day event for young people aged from Year 9 and up to discover, deepen and celebrate their faith in Christ.



Rise 2019 will have a festival-like atmosphere and will include opportunities for young people to experience the arts, live music, prayer, social time, and workshops based on a variety of topics.

It is our hope to take students to this wonderful event. Students are able to register via the link on SEQTA notices.

**DATE: SATURDAY 23 MARCH 2019**

**TIME: 10:00am – 10:00pm**

**LOCATION: Penola Catholic College, 29 Gibson St, Broadmeadows VIC 3047 (transport to and from the venue to be organized)**

**COST: \$10 (Early bird fee – must register before 28 February)**

<http://risemelbourne.com/>

## Caritas: Project Compassion 2019

Tuesday 5 March saw the beginning of our Season of Lent, with Shrove Tuesday. The Social Justice Team kicked off Caritas:

Project Compassion 2019 Lenten Appeal by selling pancakes at lunchtime on Tuesday. The money raised from this fantastic campaign will go towards helping Caritas Australia and their mission to help end poverty, promote justice and uphold dignity. This campaign is a chance to donate towards a worthy cause and to raise awareness of the conditions millions of people face every day.

We can gratefully say Shrove Tuesday's pancake sales were a smashing success and we raised \$355.25.

For the rest of the Lenten Season, students from the Social Justice Team will take on a new story each week, representing the impact that Caritas has globally. Keep an eye out for the opportunities to get involved!

This week we are looking at the story of Thandolwayo from Zimbabwe. Thandolwayo is a 13-year-old girl who walks 7kms just to fetch some water from an crocodile-infested river - Gwayi River. Students will have the opportunity to experience life in her shoes as each year level will be given a water bucket, the same amount that Thandolwayo must carry every morning. Students who wish to leave class are asked to carry a bucket along with them and return back with it, in order to experience the life of Thandalwayo. Sometime during the next few weeks, all year levels will participate in a solidarity act called the 'Water Bucket Challenge', where you will carry buckets of water up and back in relay-like formation on the oval to raise awareness for people like Thandalwayo. All laps walked will contribute towards house points.

Lets strive to give 100% this Lent.

**Ms Sophie Martin**

## Enrolment for 2021 Year 7

Enrolment applications for 2021 Year 7 are now open. You can download the application form from our website. Applications close Friday 23 August 2019.

Parents who have children attending the College that have siblings in Year 5 will still need to complete an enrolment form.

## Catholic Regional College Sydenham Attention Year 10 Families

### Academic Testing

Academic Testing: Saturday 25 May, 8:45am – 1:00pm

COMPULSORY for all YEAR 10 students.

Catholic Regional College Sydenham

380 Sydenham Road

SYDNEHAM 3037

Further details will be mailed in April.

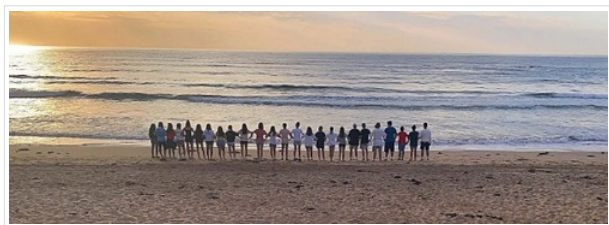
## Student Leadership Camp

From February 27 to March 1 Student Leaders (Year 9 and 10) took part in a Leadership camp at the Torquay Surf Lifesaving Club. The aim of the camp was to cement leadership values amongst the Student Leaders and to set into motion important

student-orientated goals that will have a positive impact on the entire College. These 25 students took it upon themselves to answer the call of service to become the Student Leaders of 2019 and our College is all the better for it. Our current Student Leaders' aim is to continue the exceptional Leadership tradition that was successfully established last year.

As such, Student Leaders enjoyed a variety of activities throughout camp. They immersed themselves in completing leadership and teamwork skills, as well as reflecting on their own personal values. The Student Leaders also familiarised themselves with each other to forge sincere bonds of friendship which will certainly strengthen the Leadership team. Their active engagement throughout camp was rewarded with a swim at beautiful Torquay beach and lengthy night walks with their flashlights (which was a highlight for many). Most importantly, Student Leaders critically reflected on the most important student related issues that our College needs to address to improve the overall student experience. With such a driven and dedicated group of students to lead the way, the Leadership team is confident that these goals will be achieved.

**Mr Ian Amador**



## Swimming Carnival

The College's annual swimming carnival was held on the 26 February at St Albans Leisure Centre. The day consisted of numerous activities, ranging from swimming events, volleyball, novelty events and waterpolo. It showcased the schools pillars of learning, stewardship, compassion, and prayer while acting as a celebration of our gifts and talents. Similar to last year, an extremely strong tension was present among the four houses, who all had their eye on winning the Shield. Points were awarded for all students who either dressed up, displayed a strong sense of house spirit, or participated in the events. There was an overwhelming sense of house spirit and unity within the College with students having the opportunity to dress up in their house colours to support their peers. Costumes ranged from Ninja Turtles; Morph Suits; Disney Princess; Pokemon; and so much more!

A huge congratulations to O'Reilly for being crowned victorious and claiming the Swimming Carnival Champions of 2019. Thank you to the other houses - Franklin, Jackson and Norman - for their ongoing support and sportsmanship, despite the strong competition!

Overall, the day was a huge success and was enjoyed by all who participated. Our thanks are given to students, staff, lifeguards and parents for their contribution to this enjoyable and memorable day.

**Martin, Katherine, and Dijana**

## Results

### Overall results:

- O'Reilly – 1557
- Jackson - 1553
- Franklin - 1541
- Norman - 1348

### Year level champions were:

- Year 7 Girls: Elizabeth De Dios
- Year 7 Boys: Joaquin Santos
- Year 8 Girls: Ava Paciullo
- Year 8 Boys: Alexander McKenzie
- Year 9 Girls: Jaime Hajnal
- Year 9 Boys: Jacob Portelli
- Year 10 Girls: Nicole Elmasry
- Year 10 Boys: Martin Nguyen



## Year 10 Premier League Results

### Round 1 – 14 Feb – Away vs CCCC

**Boys Netball** – Vic Uni, Whitten Oval

Won 21 – 2

**Goals:** Max H – 11, Harrison F – 5, Ethan C – 4, Benjamin L – 1

**Best:** Max H, Joshua B, Ethan C

**Girls Netball** - Vic Uni, Whitten Oval

Won 12 – 3

**Goals:** Alycia Ps – 9, Sarah V – 2, Bethany G – 1

**Best:** Sarah V, Alycia P, Alana DP.

**Boys Basketball** – Recwest, Braybrook

Draw 35 – 35

**Points:** Miguel J – 15, Nicholas B – 10

**Best:** Miguel J, Nicholas B, Xavier M

**Girls Basketball** – Recwest, Braybrook

Lost 18 – 6

**Points:** Edie P – 4, Mary M – 2

**Best:** Edie P

**Boys Volleyball** - Recwest, Braybrook

Lost 3 sets to 1 (12:25, 20:25, 25:18, 20:25)

**Best:** Michael G, Bailey H

**Girls Volleyball** - Recwest, Braybrook

Lost 3 sets to 0 (11:25, 19:25, 14:25)

**Best:** Abbey V, Olivia A, Eliza S

**Boys Soccer** – Keilor Park Synthetic

Draw 2 – 2

**Goals:** Josh Mai – 2

**Best:** Oliver M, Zac F, David R

**Girls Soccer** – Keilor Park Synthetic

Won 4 – 3

**Goals:** Victoria H – 2, Georgia H – 1, (1 own goal)

**Best:** Victoria H, Abigail R, Georgia H

## Round 2: 21 Feb – Home vs CRC NK

**Boys Netball** – Caroline Springs Leisure Centre

Won 26 – 8

**Goals:** Max H – 13, Harrison F – 8, Benjamin L – 3, Alex L – 2

**Best:** Joshua B, Alex L, Ethan C

**Girls Netball** - Caroline Springs Leisure Centre

Won 27 – 17

**Goals:** Alycia P – 22, Olivia S – 4, Julianne M – 1

**Best:** Kayla M, Alycia P, Bethany G

**Boys Basketball** – Keilor Stadium

Lost 45 – 47

**Points:** Nicholas B – 17, Xavier Ma – 17, Miguel J – 5, Aethen

A – 4, Tyler VD – 2, Lance M – 2

**Best:** Nicholas B, Xavier M, Miguel J

**Girls Basketball** – Keilor Stadium

Lost 13 – 31

**Points:** Edie P – 8, Mary M – 6

**Best:** Edie P, Mary M, Jessica S

**Boys Volleyball** - Vic Uni, Whitten Oval

Won 3 sets to 2 (26:24, 18:25, 21:25, 25:21, 15:13)

**Best:** Daniel D, David T, Rueben E

**Girls Volleyball** - Vic Uni, Whitten Oval

Lost 0 sets to 3 (1:25, 13:25, 12:25)

**Best:** Abbey V, Shanice B, Olivia A

**Boys Soccer** – Kuranjang Recreation Reserve

Drew 4 – 4

**Goals:** Ivan T – 2, Marcus D – 1, Jack W – 1

**Best:** Zac F, Jack W, Zak T

**Girls Soccer** – CRCCS Pitch

Lost 1 – 8

**Goals:** Victoria H

**Best:** Caitlyn B, Annie G, Dijana R

## Round 3: 28 Feb - Away vs Mackillop

**(This round was canceled due to Extreme Heat Policy)**

## Round 4: 7 March – Bye

## VCAL Report – Work Related Skills

It has been another couple of busy weeks in the **Year 10 VCAL Department**. On Friday 1 March we had the privilege of having Dianne Debrincat from **Future Connect** come and speak to our VCAL students.

Dianne held an informative and insightful presentation on **Structured Workplace Learning**. She spoke to students about how to prepare themselves for their Structured Workplace Learning and how to search for relevant jobs on

the Future Connect website. Dianne also gave our students some useful information on how to behave appropriately in the workplace.

On Friday 8 March we had James McCurry visited from Schiavello Construction. James works as a Construction Manager in the company. He has over three decades of experience in the construction industry. James is a former **Catholic Regional College Melton** student. His presentation to our students was raw and honest. He spoke about a vast range of topics including; pursuing your goals, being happy and not complacent in the workplace, work expectations and ethics.

Our VCAL students concluded their unit on Work Health and Safety on Friday 8 March by visiting 7 Wonga and presenting their Safety Induction Program to the junior students at our College.

### **Ms Tanya Volarevic** **Year 10 VCAL Teacher**



*VCAL Class and Presenter*

## Library

### Hours of opening

The library is open

- From 8:00 until 4:15 Monday - Thursday
- From 8:00 until 3:40 on Fridays

Recess is for borrowing books and photocopying or printing only.

*\*Please note that there is an expectation that students will be productively occupied when using the library before or after school.*

### Loans

Students may borrow up to three books at any time for a loan period of three weeks. Books may be renewed if so desired.

### Overdue books

Students are asked to be considerate of others and return items as soon as they are finished with them. If students have overdue books, they should be returned or renewed before any new items are borrowed. Students will receive regular reminders when their books are overdue via a message on SEQTA. At the end of each semester, parents will be notified of outstanding loans.

## Lost/damaged books

Students should speak to a library staff member if they have damaged a book or if they think it is lost. Each incident will be assessed individually, but generally, payment will be requested for books that are lost or damaged, so that replacement copies may be purchased.

## Photocopier/ printer

Students are credited with \$5 at the start of every term towards their photocopying or printing requirements. Credit amounts may be topped up if necessary by paying at reception.

## Accounts Department

### School Fees

If you would still like to set up a payment plan for school fees please download a direct debit form and return it to Reception at your earliest convenience.

### Year 8, 9 & 10 Macbook Program

Year 8, 9 & 10 Macbook Program Payment of \$490.00 is now overdue. If you have not paid for your child/rens 2019 Macbook Program please contact the College Finance department to arrange payment as soon as possible. If payment is not received by Monday 1 April unpaid devices will need to be returned to the IT department for the duration of the Term 1 school holidays.

### Camps, Sports and Excursion Fund (CSEF)

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- school camps or trips
- swimming and school-organised sport programs
- outdoor education programs
- excursions and incursions.

Applications for 2019 are now open and will close on 21 June 2019 (end of Term 2)

### Who can apply

Families holding a valid means-tested concession card, or temporary foster parents are eligible to apply.

To be eligible for CSEF payment your health care card must be valid from 29 January 2019

Please download a CSEF application form or obtain a form from Reception and return to the College along with a copy of your valid health care card.

## College Uniform

### Academy Uniforms - Catholic Regional College Sydenham

**Address:** 380 Sydenham Rd Place, Sydenham

- Monday 2:30pm – 4:30pm
- Thursday 8:00am – 10:00am
- Saturday 9:00am – 12:00pm

### To order uniform online

<https://www.academyuniforms.com.au/login.php>

**Username:** CRC Caroline Springs

**Password:** caroline springs