



15 December 2019

Prayer

Advent Prayer for Families

Heavenly Father, your son, Jesus, is your greatest gift to us, a great sign of your love. Guide us as we strive to walk in that love together as a family this Advent. As we prepare our hearts for Christmas, bring us closer to each other and to your son. Give us the grace and strength we need every day. Help us to always trust in you. Come, Lord Jesus, lead all people closer to you. Come and dispel the darkness of our world with the light of your love.

Amen.

"For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." Is 9:6

Principal

With another year of productive learning concluded, I would like to sincerely thank the students for their efforts. In particular, our departing Year 10 students who showed diligence, respect and friendliness for self and others throughout 2019. I wish each of them every success for their future.

I also thank staff for their professional dedication, pastoral care and commitment to our students. Thank you also to our Canonical Administrators, Federation Board and Parents and Friends Association for their ongoing support of the College; their efforts throughout the year are much appreciated. Christmas will be with us soon. In this time, we often miss Advent's power because these December weeks are full of Christmas shopping, parties and other end of year events.

Each year, the business of this month serves to distract us from having an Advent season that truly prepares us for the celebration of Christmas, with all its meaning.

This Advent let us all remember, it is the feast that sings of the gift of life. The birth of a child moves us and causes tenderness. It is a stimulus to discover the warmth of simplicity, friendship and solidarity. Christmas can become an occasion to welcome, as a personal gift, the message of hope that emanates from the mystery of the birth of Christ.

The 2019 school year at Catholic Regional College Caroline Springs has now ended, and has certainly been a year filled with energy and enthusiasm. Enormous amounts of work go into preparing classrooms, IT facilities, sporting facilities and the College grounds for the students during the year. I thank the teaching, administrative, support and maintenance staff involved in this important work as it contributes significantly to the comprehensive educational environment for our students.

Staffing News

We have a number of staff who will be leaving us at the end of this year; some taking leave and others beginning new positions at other schools. We wish the following staff members well as they leave us to work at other schools in 2020:

- Madeleine Di Palma (commenced 2018)
- Kate Nolan (commenced 2019)

We wish the following staff members well as they undertake a period of leave:

- Laura Bonini (Maternity Leave- returning Term 2, 2020)
- Michelle Kugele (Maternity Leave- returning Term 4, 2020)

We thank all of the above staff for their outstanding contribution throughout their time at the College and wish them all the best in the future.

We also thank Mr Ferdinand Corroya who has worked with us this year as an Australian Catholic University teacher placement student. Ferdinand has done an outstanding job working in

many areas within the College and was a key contributor to the Ministry team, and we wish him every success.

We also thank Ms Natalie Sacco and Mr Jack Dawson whose contracts have been concluded. We thank all of these staff for their contribution to our College this year.

CRC Caroline Springs Parents & Friends Association

This year we further developed our Parents & Friends Association, as we see this as a very important support group for our College. Meetings are open to and attended by interested parents/carers, friends of the College, teachers and administrative staff as well as the Principal, or one of the Deputy Principals.

Everyone is welcome to come and meet other parents/carers, to learn more about our wonderful College as well as participate and share in general discussion often relating to significant issues about school events.

This year the Parents and Friends Association looked at ways to directly support our students, through fundraising and participation in the many school activities on offer. They also organized a very successful Mother's Day and Father's Day Mass and breakfast, our first ever Bingo evening and also were actively involved in the 'Live Fully Act Justly Day' celebrations and Uganda Raffle.

Over the years at CRCCS various initiatives have raised money, which has provided for additional resources for our students. In the past, this has included the purchase of outdoor education equipment; sport marquees; sewing machines; Technology centre equipment and tools; AV equipment and other equipment as needed.

Our meetings are held twice a term and all parents/carers are most welcome to attend in 2020.

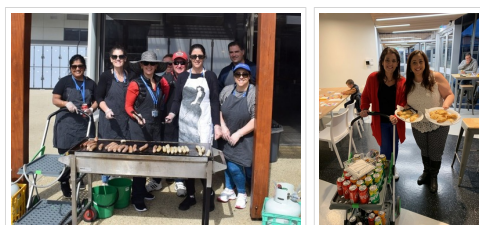
I would like to formally thank all of the members of the Parents and Friends Association, and also offer a special thanks to the office bearer positions this year and for the great work they have done leading the Parents and Friends Association in 2019:

Chairperson: Liz Prapas

Deputy Chairperson and Secretary: Margaret Zerafa

Treasurer: Ujjala Camilleri

We look forward to working with you all again in 2020.



College Captains

On behalf of the school community I would like to thank our 2019 College Captain Martin Nguyen, and Deputy College Captains Edie Pearce, Isabelle Lipscombe and Eliza Soriano for their great work as leaders. They have displayed outstanding servant leadership characteristics and have led their peers with energy, passion and enthusiasm. Throughout the year they've contributed in a very real and practical way to making our

College a great place and in ensuring that students 'have a voice' on many issues. I thank them for their time, generosity and willingness to serve our community.



2019 College Captains

It is with great pleasure that I can now announce that our School Captains for 2020 are:

College Captain – Jade Simunija

Deputy College Captains – Trista Zerafa, Janine Sequeira and Megan Mangion

We eagerly look forward to working with these student leaders in 2020, and we wish them all the best in their roles.

Presentation Evening: A Celebration of Excellence

Our **Presentation Evening: A Celebration of Excellence** was held on Monday 2 December. This event was an opportunity to recognise and celebrate the wonderful accomplishments of our 2019 Award recipients. Throughout the course of the evening, students were presented with Academic Achievement and Excellence Awards, College Service Awards and other major awards for students in Years 7 through to 10. Celebrating together, the Presentation Evening gives us time to pause and take note of what we have achieved, individually and collectively, to honour and respect those who have excelled, and to give thanks. Congratulations to all award recipients.

Farewell Year 10s

The Year 10 Graduation Mass was held at Saint Catherine of Siena church on Thursday 28 November.

During this evening we celebrated Mass as a College community and formally acknowledged our Year 10 students who over their four years with us have been guided by our motto of 'Live Fully Act Justly'.

I ask our Year 10s to always remember the four relatively simple words of our College motto. Paradoxically these words are also very complex, deep and spiritual. Over their time at the College they would have heard them hundreds, if not thousands of times. These rather unobtrusive four words are truly reflected in their time at the College and we hope they are also forever etched in their mind and more importantly etched in their hearts. At the Mass we gathered together as a Catholic community to celebrate the Eucharist, break bread together and also celebrate the wonderful gifts and talents of our students and we formally farewelled our Year 10s. We hope that they take the 'live fully' and 'act justly' aspect of our motto with them on their next journey and truly achieve fullness of life.

Finally, I wish all of our families a Happy, Holy and Safe Christmas.

God Bless

Mr Jamie Madigan
Principal

Mission and Faith Leader

Advent

Last Sunday, we celebrated the beginning of Advent. Advent (coming from the Latin word *Adventus* – meaning, the coming). The purpose of the season is to help us focus on the Second Coming of Christ; to take time for prayer, stillness and sacrifice. It is only by doing this that we can reduce the stresses of planning for Christmas and magnify the real meaning of Christmas.

Last week, Pope Francis wrote an Apostolic Letter “on the meaning and importance of the nativity scene.” Travelling to the town of Greccio (95km from Rome), the Pope visited a shrine which commemorates the spot where in 1223, St Francis of Assisi used the setting of a cave to replicate the nativity scene for the first time, which started a tradition through Europe and other countries.

The sources report that “when [St.] Francis arrived, he found a manger full of hay, an ox and a donkey. All those present experienced a new and indescribable joy in the presence of the Christmas scene.”

Pope Francis said, “this is how our tradition began: with everyone gathered in joy around the cave, with no distance between the original event and those sharing in its mystery.” A biographer of St Francis Thomas of Celano, “notes that this simple and moving scene was accompanied by the gift of a marvelous vision: one of those present saw the Baby Jesus himself lying in the manger. From the nativity scene of that Christmas in 1223, ‘everyone went home with joy’.”

Concluding his letter, Pope Francis said that “standing before the Christmas crèche, we are reminded of the time when we were children, eagerly waiting to set it up.” He said, “these memories make us all the more conscious of the precious gift received from those who passed on the faith to us” and “of our duty to share the same experience with our children and grandchildren.”

Pope Francis’ Apostolic Letter is a wonderful opportunity to reflect on the true meaning of Christmas and how we may consciously bring Christ into our hearts and family homes.

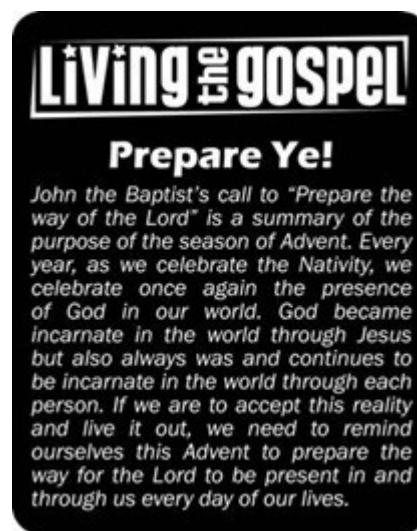
May the peace and joy of the Christmas season be with you and your families.

Source: <https://www.vaticannews.va/en/pope/news/2019-12/pope-francis-apostolic-letter-nativity-scene-meaning.html>

Advent in Two Minutes

<http://www.youtube.com/watch?v=eC0FGQLBp7w>

Gospel Second Sunday of Advent A – Matthew 3:1-12



Gospel Second Sunday of Advent A – Matthew 3:1-12

Australian Catholic Youth Festival Pilgrims

Today, we farewell our thirteen pilgrims who along with staff Mr Tony De Fazio, Mrs Laura Mason and Ms Linda Bracco will venture off to Perth for the fourth Australian Catholic Youth Festival. The festival is aimed at engaging youth with various opportunities to deepen their relationship with Jesus so that they may be empowered to be disciples in the world today. We pray that the Holy Spirit will give our staff and students the opportunity to open their hearts and ears to God and that they will have a safe and enjoyable time in Perth. I thank the staff and their families for the support of this wonderful opportunity and we look forward to sharing their experience on their return.

Final 8:00am Mass for 2019

Last Friday we celebrated the last of our 8:00am Weekly Masses for the Year. Many staff and students have expressed gratitude in being able to attend and receive the Eucharist every Friday. It was also an opportunity to thank students who have ministered throughout the year at mass and the support of their families and staff. On behalf of the College Community I would like to thank Fr Richard and all staff for their support of the opportunity to encounter Christ in the Eucharist. We hope to continue to offer this opportunity in 2020 and I warmly welcome all families to attend.

Mr Paul Sammut
Mission and Faith Leader

Deputy Principal Learning and Teaching

On Monday 2 December it was my great pleasure to share with the Catholic Regional College community the achievements of our outstanding young talents at the 2019 Presentation Evening: *A Celebration of Excellence*.

The Awards recognised students who have not only excelled in their academic pursuits but also developed all-round skills and attained remarkable achievements in the domains they have a strong passion for or are talented at. Among the winners, some are outstanding at sports, visual arts and performing arts; some

excel in languages, science and mathematics, while some are very much dedicated to serving our community. All the award recipients presented on the night were acknowledged for having achieved these heights through dedication and hard work.

Regardless of their talents and interests, our award recipients have something in common – they are the role models for all students at our College, and above all, they are our young leaders of tomorrow.

Our gratitude goes to parents, carers and teachers for their concerted efforts and support in enhancing the whole-person development of these young talents, in preparing them for future leadership, and most of all, in raising these fine young people with a benevolent mind and caring heart.

I would also like to acknowledge all our students and congratulate them on completing another successful school year. You can be very proud of them and how they represent you, their families and their school on a daily basis.

The Learning & Teaching Team would like to thank you all for the support that you have forwarded us this year. We very much appreciate it. We are also grateful for the time and care that many of you took in responding to our recent CEMISIS Parent Survey and Student Survey and are delighted that teaching and learning were seen as the things we do well. We have also listened to your constructive feedback which will now be a focus for us for the next school year. The Learning & Teaching Leaders will be working with their teams and your feedback in the coming school year.

As we look to the next academic year, I offer a warm welcome to all the new students starting at Catholic Regional College Caroline Springs and their families. It's an exciting time to be joining our College and we are looking forward to seeing you on Friday 31 January, 2020. Our Year 8, Year 9 and Year 10 students we look forward to seeing you on Monday 3 February, 2020 to begin another school year filled with educational activities and learning opportunities.

We would like to wish those who are leaving us all the very best in their future endeavours. We hope that you will look back fondly on your time here at Catholic Regional College Caroline Springs.

I would like to take this opportunity to wish you all of the very best for the summer. May it be a safe, healthy and happy one and whatever your holiday plans are, may they be most enjoyable!

May God bless you and your family this Christmas season.

Lucy Swan
Deputy Principal Learning & Teaching

Deputy Principal Wellbeing

Uganda Project

I love the story about the boy who is walking along a beach, on which thousands of starfish are dying, and he begins throwing them back into the water one-by-one. A man approaches and asks why he is doing this when it would seem such an

impossible task to make much of a difference. The boy throws another starfish into the water and replies,

“It made a difference to that one.”

I have been asked a few times why we are supporting the children of St Francis Primary School, Kizinga when there are literally thousands of similarly impoverished schools throughout Uganda and the rest of Africa and other places throughout the world. There are even remote community schools in our own backyard which are also struggling in developing world conditions.

If you were to look at the issue from an economic or political world view, the sheer extent of the poverty that exists can feel overwhelming. As a Catholic community though, I would encourage our students and families to think about our commitment to the Uganda Project from a moral perspective - the responsibility of those that 'can' to support those that 'can't'. It goes to the very core of what it means to be Christian. Imagine if we all had the same commitment as the boy on the beach?

Similarly, this brings to mind the wisdom of the Dalai Lama when speaking about the power of the individual.

“Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects.

Even the smallest stone makes a ripple in the water - never forget your power and the profound value in even the smallest acts.”

By reaching out in friendship and solidarity with the community of St Francis, Kizinga we have given hope to hundreds of children and their families who otherwise couldn't access education. The support of our students has enabled the construction and furnishing of a brick classroom; a food program; the refurbishment of the church with a concrete floor; and soon the installation of water tanks.

The CRCCS community has 'dropped a pebble' and the sense of self-worth, hope and joy this act has created in the St Francis students has been powerful and profound. St Francis are our 'starfish on the beach' and we have made a significant difference to their lives.

Compassion, empathy and love for one another are the cornerstones of our teaching at Catholic Regional College Caroline Springs and we are immensely proud of our community for embracing the Uganda Project.

Have a safe and holy Christmas.

Mr Ric Brodrick
Deputy Principal Wellbeing

Student Leadership - Halogen Conference

On Monday 11 November, the 2020 College Captain and Deputy College Captains attended the Halogen conference; it was a truly inspiring day. We all had the opportunity to learn what it means to be a leader for our school. We arrived at the venue in good time so we had time in the morning to

walk around various stalls and speak with Deakin University representatives.

We had four inspirational speakers throughout the day all with different life stories, that were messages for us to take home and to learn or act upon. One of the things that stood out for us was that every speaker reminded us to be proud of who we are and help others to feel the same. Every speaker reminded us how important we all are, that we all can make a difference. We were told to stop focusing on what others thought of us. Whether it's our appearance, our knowledge, it doesn't matter we need to be the best person we can be and be happy with who we are. We were all encouraged and inspired to lead. We also learnt about the Cotton On Foundation and its purpose for selling water bottles, bags, bracelets and little condiments; something we felt resonated well with our College given our connection to Kizinga in Southern Uganda.

As the future leaders for 2020, we are excited and committed to our new positions.

**Jade S, Trista Z, Megan M, and Janine S
2020 College Captains**



Semester Two Reports 2019

The College continually looks to ways of improving our reporting to provide rich information about student progress. With this in mind, our Semester Two reports have been designed to provide students, parents and carers with a clearer and more concise picture of a student's level of attainment and participation.

The Overall Result is designed to give students, parents and carers an overall indication of how they have performed in a subject throughout the Semester, as a score out of 100.

This year you will note some further improvements to our reports. The Semester Two report now encompasses the following:

- our learning area achievements appear on each subject page to display students' progress, and are denoted in both written and progression point form
- our assessment and weighting table have been combined to show the weight of an assessment task and the student result
- each subject is now summarised on one page
- participation in Extra & Co-curricular activities is now summarised as part of the Homeroom Report.

As we are still transitioning from a previous report structure, this semester's *Learning Area Achievements* progression points (dots) may have only a solid shaded dot appearing. This will only occur if the Strand was not reported to in the previous 2019 Semester One Report.

The open dot represents the last report progress; the shaded dot the current report progress; and the shaded band the expected achievement at this report.

| Learning Area Achievement | | | | |
|--|--------------------------|--------|--------|---------|
| <ul style="list-style-type: none"> ○ Last report progress ● Current report progress ■ Expected achievement at this report | | | | |
| Learning Area Achievement | | | | |
| Strand | Achievement | Year 8 | Year 9 | Year 10 |
| Cultural Practices | At Standard Consolidated | | ● | |
| Meta-Cognition | At Standard Consolidated | ○ | ● | |
| Questions and Possibilities | At Standard Emerging | ● | | |
| Social Awareness and Management | At Standard Emerging | ● | | |
| Understanding Concepts | Above Standard | | ○ | ● |

Reports

The Semester Two reports will be released to parents/carers no later than Friday December 13 2019.

If you have any questions about the Semester Two reports, please feel free to contact a member of the Learning & Teaching Team at the College.

Mr Brendan Jackson
Learning and Teaching Leader Curriculum Innovation

Primary Links – Grade 6 Visits

On Friday 29 November eighteen selected students from Year 7 went back to Grade 6. The students were required to write a speech following the prompt of "what I wish I knew before year 7." The speeches provided the Grade 6 students with some tips including all the support you will receive at CRCCS and friendships. It was a great opportunity to connect with students and staff members from both St George Preca and Christ The Priest. A huge thank you to Ms Lafferrairie and Ms Azzopardi for taking us all there! The students all participated in different workshops which allowed them to meet new people.

Ivanka P 7CO

On Friday 29 November, the Year 7 students were given the opportunity to speak to the Grade 6s from St George Preca and Christ The Priest. We were asked to present a speech, reflecting on the year and explaining what we wish knew before starting Year 7. As a result, the Grade 6 students gained perspective on the importance of time management and taking up opportunities, among other valuable advice. Overall it was an enjoyable experience, revisiting primary school and interacting with familiar students and staff. I am thankful to the staff members from all three of the schools for providing us with this experience.

Luke P 7CO

Year 7 Science - Forces & Simple Machines

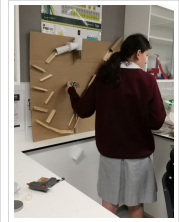
Rube Goldberg Machine Inquiry Project

Towards the end of Term 3 and the majority of Term 4, the Year 7s have been focusing on 'Forces and Simple Machines'. The assessment task for the topic was to design and build our own Rube Goldberg machine to complete one of the following three tasks: raising a flag, capturing something in a mousetrap or putting something upright. A Rube Goldberg machine is a contraption that is made to achieve a simple task in an overcomplicated fashion. It usually involves a chain reaction and little to no human interference. We had to work in a group of two and design our own machines using a minimum of six simple machines. It proved to be quite a challenge but enabled us to work on improving our co-operation and team-building skills. It was quite hard to design a machine using materials we could source that was not too expensive or hard to find. A lot of the machines were built using cardboard and other recycled items as well. We had a few lessons to build our machine before the day we had to present. We had a double period to make our machines, film them in action and present them to our teachers. This assessment challenged us to be creative and think outside of the box. It was one of the most enjoyable, yet complicated, assessments we completed this year and I look forward to doing something similar in the future.

Angel Y 7MW

2019 has almost concluded, along with it, our science unit has almost ended too. Throughout Term 4, the year 7 students focused specifically on topics such as forces and simple machines (how simple machines are used in everyday life). This Unit consisted of learning many different aspects of forces and how technical simple machines work. Our Critical & Creative Thinking were put into play as our assessment task for this unit was to build and design our own Rube Goldberg inspired machines that included six (or more) simple machines. A Rube Goldberg machine is intentionally designed to perform a simple task with none to little human interaction. We managed to produce our final product by going through a series of steps, research, sketching, designing, planning, gathering materials and building the final product. This required us to stay on task and manage our time wisely. As easy as it sounds, it was more than quite a challenge to find and use materials that were inexpensive and easy to source. Nonetheless building our machines was just as difficult as we were required to build according to our planning sheet. This task challenged our positive mindset, whilst encouraging us to think outside of the box. Overall, this task was one of the most enjoyable, yet challenging practical assessment tasks that have been accomplished. I look forward to completing something similar in the future.

Tahlia N 7MW



Japanese Host Families


Catholic Regional College Caroline Springs will be hosting four Japanese students during Term 1, 2020.

We are looking for host families for two boys and two girls (about 16 years of age). Please see the link for all the information.

Miss Linda Bracco

Cultural Immersion and Exchange Coordinator

Host a Japanese Student




Catholic Regional College will be hosting 4 Japanese students in a program conducted by AIIU from January 30 to March 27 2020

An important part of the educational and cultural exchange is the homestay component. The two boys and two girls (aged approx. 16 years old) need a host family each and we would like to invite you to consider becoming a host family. This opportunity is open to students in all year levels.

Share your lifestyle and home while experiencing another culture

Students will attend Catholic Regional College Caroline Springs and immerse in normal classes with one day per week of English Conversation/Pastoral Care with AIIU Group Coordinator

- Student can share a room
- There is no need to cook special food
- Japanese language not necessary
- Host families receive a tax free stipend of \$40 per night to help with the hosting costs (\$280 per week)



Hosting a student encourages host families to see their own country through the eyes of the exchange student; to visit new places and revisit old favourites, to have lots of fun and, most important of all, to gain a new family member and friend for life. Experiencing a foreign language and culture in your own home is the next best thing to living overseas.

For further information please contact
AIIU Group Coordinator Sue Stent 0414 579 900
or email: stent3@bigpond.com

Japanese Host Families

VCAL Veggie Patch

As part of the VCAL program our students have created a vegetable garden which will supply the Food Technology department with fresh produce to use in their lessons.

The students put in the hard labour of transferring the soil by wheelbarrow and making it even before planting the seeds.

With the assistance of Bunnings the students were able to plant an array of vegetables and herbs, including beans, tomatoes, onions, corn, zucchini, lettuce and parsley to name a few.

Over the past few weeks the class has maintained and installed other areas to plant more vegetables and the progress has been fantastic. The students have thoroughly enjoyed working

in the garden, and as of this week we have supplied our first lettuce leaves to the Food Tech rooms.

We look forward to growing our garden.

Mr Xavier Hayes
VCAL coordinator



Year 7 Religious Education

During Term 4 Year 7 Religious Education classes studied the unit 'Our Story Our Faith'. Students investigated the geography, daily life experience, religious and political situation of 1st Century Palestine. As part of their assessment task students were required to select a 1st Century Palestine person and create a poster. They also analysed a selected text passage from the Gospels to develop their skills to which they were written.

Melinda Martinek
Year 7 Religious Education Teacher



College ICT System Changes

On 16 December we are making some changes to the College's ICT systems.

Our domain name is changing to crccs.vic.edu.au.

This will affect all our systems including email and SEQTA.

Information has been communicated to all our students and staff detailing the changes and how to sign back into the College systems.

For further information and updates on progress - please visit the [CRCCS ICT Services Portal](#)

Year 8 - Premier League

Girls Soccer Grand Final

After a delay because of the hot weather, our Year 8 Girls Soccer team played their Grand Final on our home pitch on Friday 21 November. We were matched against the typically strong St Monica's girls who always provide a tough contest. This was evident early in the match with a tight and tough contest and our girls realising quickly that this was the hardest opponent they had faced. Our girls however, quickly found their

groove, stringing together crisp passes and slicing plays and soon scored the opening goal. Three quick goals followed a little later and our girls comfortably held out for the rest of the match.

The final score was 5 – 0 and our girls celebrated a well deserved win and another pennant to add to the growing collection of our girls soccer teams.

Congratulations to the team on an amazing 2019 premier league season.

| | |
|---------|-----|
| Olivia | 8CO |
| Ava | 8KU |
| Ivana | 8WO |
| Monique | 8LI |
| Sienna | 8KO |
| Eva | 8MK |
| Tayla | 8WO |
| Abbi | 8BU |
| Julia | 8WO |
| Kayla | 8KU |
| Nicole | 8KO |
| Caitlin | 8MK |

Year 9 Camp Student Reflections

Beach Camp

It was the early sunrise and beautiful scenery that influenced thirty students and four teachers to engage in a relaxing beachside getaway. The idea of waking up to the sound of crashing waves and sipping their morning coffee on the refreshing balcony, made a challenging situation seem easier. Over three days, we learned the proper techniques of surfing, bodyboarding and how to balance when stand up paddle boarding. We were able to ride waves and understand their patterns to put our newly learnt skills into practice. Tasting algae filled water in the river and being dragged underwater by a wave, was the least enjoyable of our experience. Some of our challenges were being able to stand up and balance while surfing which was easier said than done to overcome, although, we were all able to successfully ride at least two waves, without falling.

In the duration of this trip some of the many highlights included; the many water activities, hanging out and relaxing with our friends, walking along the beach at night, swimming with an octopus in a rock pool, having a karaoke competition, kicking the ball and playing games of footy on the beach and gaining a closer relationship to not only our friends but the teacher and instructors assisting us with our new experiences.

We embarked on activities out of our comfort zone and were able to have a relaxing camp.

Thankyou to all involved. It was a great experience.

Tiana P 9BA

Rock Climbing Camp

Not long ago 21 students, including myself alongside Mr Wilkinson and Ms Spiteri set off on the four hour drive to Mount Arapiles for our rock climbing camp. Once we arrived we got straight into it, collecting our helmets, harnesses and shoes. After a brief demonstration, we were all able to begin climbing what was known as the shorter climbs which reached around 15 metres high. For some people climbing came naturally, although for others it was a little tougher. This didn't stop anyone as everyone gave it a go and tried their hardest. Once we finished these climbs we set up our camp and had dinner. The flies did not make this an easy task, but before you knew it everyone was fast asleep. This was our first day. On the second day we were all up bright and early ready to meet our climbing guides and begin the much larger climbs which varied between 30 and 90 metres high and were easily the most challenging. My group was able to fit in two climbs thanks to our guide Kevin. We were all challenged although with the support from the rest of our group members no one gave up and we all made it to the top. This was a much shorter night as everyone was extremely tired. The last day was spent climbing another set of smaller climbs along with abseiling. After these climbs, we packed up our camp and set home on the drive. This camp challenged everyone and was truly one to remember.

Makayla M 9WO

SACCSS Awards Lunch

On Thursday 27 November, a group of 18 students travelled to Caroline Chisholm Catholic College to attend the annual SACCSS Awards lunch. The purpose of the day is to celebrate the commitment and contribution shown by our students in SACCSS sporting competition in 2019.

Students enjoyed a delicious lunch followed by a presentation and interview from two professional athletes. We were incredibly proud to have an ex student of ours, Caitlin Greiser, who is now playing AFLW for the St Kilda Football Club as one of the athletes coming back to present.

A big part of the day is the John Landy Sportsperson award. This award is presented to recipients that display exceptional efforts in sporting achievement as well as fair play in acknowledging their competitors and officials. In 2019 our recipients of this award are Edie Pearce from 10MK and Martin Nguyen from 10BA.

Congratulations to all of the students that participated in sport and represented our College with pride in 2019.

Mr Rannoch Wilkinson
Sports Coordinator

College Uniform

Academy Uniform Deer Park

10/85 Mt Derrimut Road
DEER PARK VIC 3023
Phone: 8385 9111

Monday to Friday 9:00am - 5:00pm
Saturday 9:00am - 12:00pm

To order uniform online

<https://www.academyuniforms.com.au/login.php>

Username: CRC Caroline Springs

Password: caroline springs